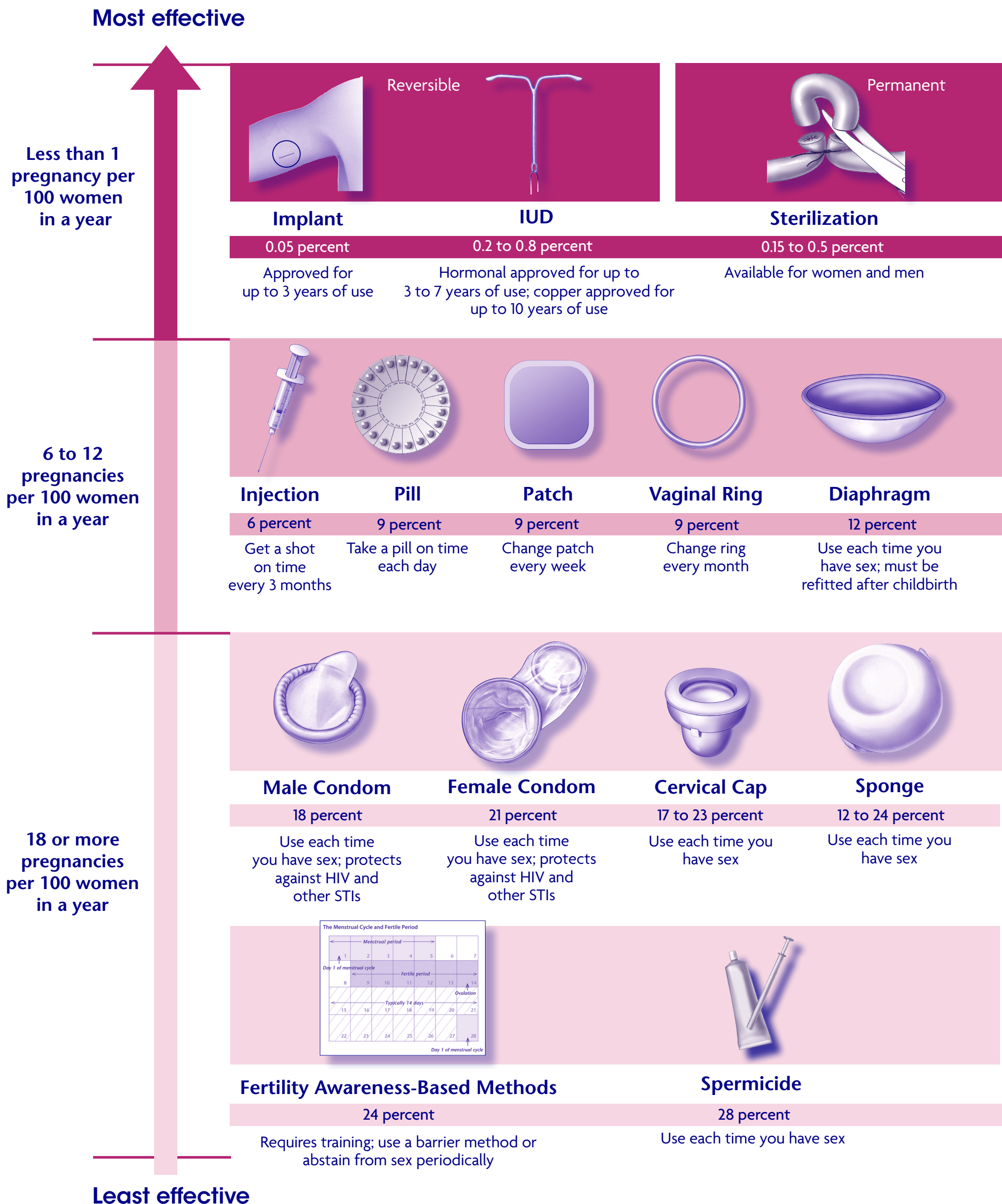


# Effectiveness of Birth Control Methods\*



Abbreviations: HIV, human immunodeficiency virus; IUD, intrauterine device; STIs, sexually transmitted infections.

**Other methods of birth control**

**Lactational amenorrhea method:** This is a temporary method of birth control that can be used for the first 6 months after giving birth by women who are exclusively breastfeeding.

**Emergency contraception:** Emergency contraceptive pills taken or a copper IUD inserted within 5 days of unprotected sex can reduce the risk of pregnancy.

**Withdrawal:** The man withdraws his penis from the vagina before ejaculating. 22 out of 100 women using this method will become pregnant in the first year.

\*Percentage of women who will become pregnant within the first year of typical use of the method