



Dr. Lee Say Fatt

## Compact, informative O&G book by local doctor

A local O&G consultant recently released the third reprint of his book entitled *Quick Management Guide in Gynaecology*. In an email interview, Angeline Woon finds out about his book-writing experience.

**"F**or the busy clinicians in wards and outpatient clinics, time is of the

essence. I felt that a simple reference book on diagnosis and management in gynecology may be

useful," says Dr. Lee Say Fatt, when asked what inspired him to write the book.

The book is compact, yet informative, and allows busy clinicians to prepare their patients and help them resolve their gynecological problems, without having to refer to heavy tomes.

"There are many good reference textbooks out there that contain up-to-date information on various diseases and treatment protocols. However, most of these books are bulky and unsuitable for quick reading in the clinic," says Lee.

The idea of his book was to make it easy to refer to various gynecological topics at a glance. To this end, topics are written in note form, with considerable emphasis on clinical algorithms, bulleted lists and flowcharts. There is also a treatment summary at the end of each chapter.

**"The benefit of the summary approach is that readers will be able to find relevant information quickly and remember it easier without the need to read through the entire chapter"**

"As in any field of medicine, it is almost impossible to remember all the facts and treatment protocols needed to treat patients at point-of-care, more so if you are running a very busy outpatient clinic.

"The benefit of the summary approach is that readers will be able to find relevant information quickly and remember it easier without the need to read through the entire chapter."

Lee stresses that the book is not meant to be the "final word in treatment," but has just enough facts to enable diagnosis and treatment for common gynecological diseases. In fact, users of the book should have a basic knowledge of gynecology.

### Personal experiences

The book, published by University Malaya Press Kuala Lumpur, is the product of 2 years of writing. Then there was a 6-month period from submission to final printing, as the draft had to undergo revisions and corrections.

However, it can be said that the book was in "production" several years before that as it is a result of Lee's many years of experience in gynecological practice.

The book is drawn from his notes on treating patients; his reading, teaching rounds with medical students and registrars; and, discussions with colleagues – all of which was stored in his personal digital assistant (PDA).

"Over the years, I managed to collect all the relevant facts –

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## Quick Management Guide in Gynaecology

Lee Say Fatt



## Book review: A quick fix for the O&G clinic

Dr. Raman Subramaniam  
Consultant O&G

When asked to review a book like Dr. Lee Say Fatt's *Quick Management Guide to Gynaecology*, the question arises as to why we need another book on gynecology when there are many more established ones in the market. What is so special about this

book that it warrants one to buy it, much less read?

Well, this reference guide is a boon for the busy practicing clinician who, when faced with a patient requiring a 'quick fix', can easily refer to it and provide appropriate counseling to the patient. A helpful factor is that it is written in a crisp and clear manner, with flowcharts where appropriate.

The 19 chapters in the book literally cover the whole of gynecological practice. And, like all medical books of this era, the book contains evidence-based information, which I believe will be updated from time to time over the next few years.

As the author points out in his preface, this book does not replace standard textbooks or provide exquisite detail of rare problems – for

this, one has to refer to specialized textbooks or journals.

I would, however, recommend this book to all clinicians, as well as would-be clinicians, to be kept as a reference guide in the office.

It is also a useful book for both undergraduate and postgraduate students who need to revise at short notice for various examinations.

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including treatment plans – and organized them in a systematic way in my PDA. This helped me to remember and also access the information easily.

“The last chapter discusses morbidity and mortality associated with common gynecological operations and may be of use for counseling purposes

“All I had to do, [to get the information for this book] was to organize my notes and update them.”

The response to the book has been encouraging, as the first and second printing was completely sold out. The third reprint was just released with changes in table format for easier reading, but the contents remain the same.

Lee hopes that GPs, house officers, medical officers, trainees in gynecology and gynecologists will find his book useful.

Students preparing for their final examinations and who require a quick review of the subject could also benefit, he says.

“The last chapter discusses morbidity and mortality associated with common gynecological operations and may be of use for counseling purposes,” he concludes.

For more information about the book or how to order, email Lee at [obgyn.com.my@gmail.com](mailto:obgyn.com.my@gmail.com) or visit [www.obgyn.com.my](http://www.obgyn.com.my).






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References: 1. Forchell ML, Walker WA. Br J Nutr. 2005; 93(Suppl 1):S41-S46. 2. Gibson GR, Robertson MB. J Nutr. 1995; 125:1401-12. 3. Birch EE et al. 2007. 4. Hoffman DR, Birch EE. J Pediatr. 2003; 142:969-977. 5. Birch EE, Hoffman DR. Am J Clin Nutr. 2002; 75:670-680.

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